



BUSINESS REPORT

Date: **7th August 2026**

Business Reference: **BFS00355**

About the Business:

Established Gym for Sale – Southdale, Johannesburg

Are you looking for a gym for sale in Johannesburg or a profitable fitness business for sale? This is a rare opportunity to purchase a well-established commercial gym in Southdale, Johannesburg, with over 1,300 active members, a secure long-term lease, and more than R2.5 million worth of commercial gym

equipment included.

This established fitness business offers recurring membership income, excellent brand recognition, experienced staff, and outstanding growth potential. Whether you're a fitness entrepreneur, investor, or expanding your existing gym portfolio, this business presents exceptional value.

Established Gym for Sale – Southdale, Johannesburg



Sector: **Sales & Services**

Asking Price:

R 2,000,000

Monthly Profit:

R 0

Asset Value:

R 2,500,000

Stock Value:

R 0

Yearly Net Profit :

R 0



Business Report

Fully describe the business's activities?

BUSINESS AT A GLANCE:

- ▮ Asking Price: **R2,000,000**
- ▮ Located in **Southdale, Johannesburg**
- ▮ Over **1,300 Active Members**
- ▮ **Gym Equipment Worth Over R2.5 Million**
- ▮ Approximately **1,641m²** Facility
- ▮ **11 Experienced Staff Members**
- ▮ Lease Secured Until **2031**
- ▮ Strong Monthly Recurring Membership Income
- ▮ Prime High-Traffic Shopping Centre Location

INCLUDED IN SALE:

- Fully operational gym
- Premium strength and cardio equipment
- Over **R2.5 million in commercial fitness equipment**
- Existing membership database
- Established brand and goodwill
- Experienced staff
- Operational systems
- Long-term lease agreement

IDEAL BUYER

THIS OPPORTUNITY IS PERFECT FOR:

- Gym Owners
- Fitness Entrepreneurs
- Investors
- Personal Trainers
- Health & Wellness Companies
- Business Owners seeking recurring monthly income

When does the current lease end?

Lease Secured Until **2031**

What are the main assets of the business?

Gym Equipment Worth Over R2.5 Million

What is the reason for the sale?

Other business endeavours

Why is this a good business?

Why Invest in This Gym?

This is one of the best **fitness businesses for sale in Johannesburg**. The gym has built a loyal membership base and benefits from consistent recurring income through memberships. Located in a busy shopping centre with excellent visibility and accessibility, the business has significant opportunities for future expansion.

The current foundation allows a new owner to increase revenue through:

- Growing memberships
- Personal training services
- Group fitness classes
- Sports conditioning
- Corporate wellness programmes
- Supplement sales
- Digital fitness offerings